



Parklife

**CONSTRUCTION
UNDERWAY**

OUR VERY OWN
IRON MAN

**CELEBRITY VISITS
LIFESTYLES GYM**

FOOD GLORIOUS FOOD
AND MORE...

September 2013

Howbery Business Park - Wallingford

Howbery 

Parklife



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SeriouslyPR – celebrate 5 years in business together

Catherine Warrilow and Eveleen Hatch of Seriously PR located in the Stables Complex, held their birthday party in the Manor House to celebrate their success and continued growth on their 5th anniversary. SeriouslyPR, a team of six PR professionals who specialise in the leisure and lifestyle sector, look after the PR needs of clients including Millets Farm, Eynsham Hall and HomeAway.co.uk. Their door is always open if you want to talk about promoting your business.



Jolly Hockey anyone?

Wallingford Hockey Club, supported by Howbery Business Park aims to be one of the leading clubs in Oxfordshire. Admired by the hockey community for their on-going improvement in playing standards and youth development, their emphasis is on fun and enjoyment and creating a unique welcome that is at the heart of the club. They are always looking for new members for all of their teams so why not go along and join in.

For further information please take a look at their website www.wallingfordhc.org.uk or find us on facebook or twitter.



Howbery Parks very own Iron Man

Congratulations to Rob Body employee of HR Wallingford for his recent participation in Iron Man Wales 2013 raising funds for his chosen charities.

A 2.4 mile swim / 112 mile bike / 26.2 mile run - completed in 14hrs, 43 mins and 35 secs! You did it Rob !! Well done.

www.ironmanwales.com



Continued Success on the Solar Park

Over the summer months, the Solar Park had produced a record breaking 327,957kWh during June, July and August. And we exported 53,990kWh back to the national grid during the same period, therefore preventing 178 tons of carbon being released into the air.

Caribbean Day at Style Acre

Our very own Winston "Dreadlock" Reece was more than happy to give up his free time to entertain visitors and users of Turnstyle Day Centre in the Evenlode garden and show off his "limbo" skills and answer questions

about life in Jamaica on their Caribbean Day held in August. What a great sport! Do you think Howbery should have its very own Limbo Competition? Let us know!!



Liftshare Week

takes place from 7 to 11 October 2013

Join our private car share group at <https://wallingfordcrowmarshcommuting.liftshare.com> or visit www.liftshare.com

On-Site Photo Printing Service

Do you have images on your phones or digital cameras that you keep meaning to print off? We can help...Class Photos are located here on the Park and will offer this exclusive service to site users only. Choose from colour, black and white or sepia –

Prints Available in:

Each	1 – 9	10 – 24	25+
6" x 4"	30p	25p	22p
8" x 6"	45p	40p	35p

For an order form, or more information, please email tech@class-photos.co.uk or call 822801



Celebrity Visits Lifestyles Gym



For those of you who watch Sky Living and know the gorgeous Jessie Pavelka and his achievements in helping obese and overweight people change their lives with coaching and motivation assistance you will understand how privileged we were that he arranged a

special trip to Lifestyles Gym early this month for a garden party and fundraising event for HOOP (Helping Overcome Obesity Problems) for which Jessie is the Patron. The afternoon consisted of a Question & Answer session, raffle, charity auction, and some very lucky fans managed to bid and win 1-2-1 session with the man himself. Fans travelled from as far as Manchester to meet him. Howbery Park catering team were happy to provide healthy snacks and a choice of homemade "low calorie" cakes which were delicious.

Lisa Treacher who has over 7 years experience of running successful diet clubs and working with people with weight issues is especially excited as her and Jessie are in talks for future joint weight loss ventures so watch this space.....

For more information see www.lifestylesgym.co.uk and www.hoop.org.uk





Construction underway at Howbery Business Park

Construction of HR Wallingford's £3m development has started at Howbery Business Park following the contract being awarded to Kier Construction. The new development makes Howbery Business Park one of the few business parks in the UK to see a new building commissioned amid a challenging economic climate.

The world-renowned civil engineering and environmental hydraulics company, HR Wallingford, is extending its Froude Modelling Hall by 17,000 sq ft to house the company's new 70-metre long wave-current-sediment flume, believed to be the largest of its kind in the world, along with its state-of-the-art ship simulation centre.

The unique facility will allow engineers to accurately model the erosion around bridges and other water-based structures. It will also feature an electronics laboratory, where the company's wavemakers and instruments will be made.

"The development is fantastic news for Howbery Business Park and HR Wallingford," comments John Ormston, Chief Executive, Howbery Business Park. "Howbery Business Park has outline planning consent for further pre-lets and we hope our latest development will inspire other thriving Oxfordshire and Berkshire businesses to follow suit and add to our growing community."

The HR Wallingford development will become Kier's third project at Howbery Business Park following the successful completion of two award winning sustainable office buildings in 2004 and

2009, occupied by the Environment Agency and HR Wallingford.

Kier Construction Director Glyn Salmon said, ***"We are delighted to be continuing our relationship with HR Wallingford and look forward to working collaboratively on this next phase of the park development."***

The extension to HR Wallingford's existing 250,000 sq. ft. plot will include environmentally friendly features such as permeable paving system, which helps alleviate flooding as allows groundwater to disperse naturally into the ground rather than through a piped drainage system into the river. Work is expected to be complete by April 2014.

Howbery Business Park is the UK's first solar-powered business park and prides itself on taking a forward-thinking approach to creating a contemporary working environment, while ensuring the park's success remains uncompromised by the recession.



Pictured above: Glyn Salmon and John Ormston



John Ormston, Chief Executive



Food, glorious (Howbery) Food...

To compliment the already delicious menus offered in the Manor House Restaurant – they are also holding the following:

14th -20th October – National Chocolate Week (mmmmm) –

a chocolate dessert will be on offer each day.

4th - 10th November – British Sausage Week
– different flavoured sausages for breakfast, or a sausage dish for lunch.

28th November – Thanks Giving theme



Fire Safety Awareness

Please book any new employees on our FREE Fire Safety Awareness Training sessions. These are held throughout the year for new site users and anyone wishing to refresh their training. The sessions are held in the Manor House, and last approx 90 mins. They are extremely useful for office and home fire safety. Please contact d.bowles@howberypark.com for dates of future sessions



Xmas Celebrations

4th & 11th December – Xmas Dinner will be available through the server.

11th & 17th December – Xmas Dinner in our stunning meeting rooms with table service. Ideal for that office Xmas Party.

Booking forms and menus will be available shortly.

If you are interested in booking your office or department party, please contact catering@howberypark.com.





MUGA

We welcome the opening of the new MUGA (multi use games area) at the beginning of September. Opening was held off due to weather conditions (too hot!) which hindered with the setting of the surface.

For more information, or to make a booking, HPSSA members only can book this area out via howberyparkhelpdesk@hrwallingford.com.



HPSSA members enjoying the new court

Sports & Social News

The AGM was held, and we bid farewell to long time committee members Jenny Semmence and Dan Carter.

New members were elected:



Richard Whitehouse
Chairperson



Helen Aitkins
Treasurer



Jenny Dawson
Secretary



Louise Bower
Sports Secretary



Angela Andrews
Social Secretary

Jolly Volley

Well done to all the teams who entered the Howbery Park 2013 Volleyball Competition.

Team "Ballz Up" (HR Wallingford Engineering) beat "Sets on the Beach" (AngloINFO) 3-0. The sets were close, but apparently "Sets on the Beach" couldn't quite clinch them in the final.



Forthcoming Events:

Date: Tuesday 1st October – O2 Academy Oxford @7pm

Band: Fat Freddy's Drop – New Zealand seven piece band that play a fusion of dub, reggae, soul, jazz, rhythm and blues, and funk – Ticket cost £25 – (subsidy available for HPSSA members).



Date: Saturday 30th November – Effingham Park, Surrey

Boxing Night – Site User Andrew Stanley (Stanno) is fighting for the Queensbury Cruiser Weight Boxing Title – Ticket Cost £35 – (subsidy available for HPSSA members).

The evening will consist of 12 fights of different weights. If you want to support "Stanno" and cheer him on...let us know. Own transport required.



Events held: King Lear Theatre Trip/ Surfing Trip / Newbury Show

Date: Saturday 7th December
Coach Trip to London – Nov/Dec (subsidy for HPSSA members).

You will be dropped off and collected nr Hyde Park.

The day is yours to do as you wish – shopping ? theatre? Winter Wonderland?

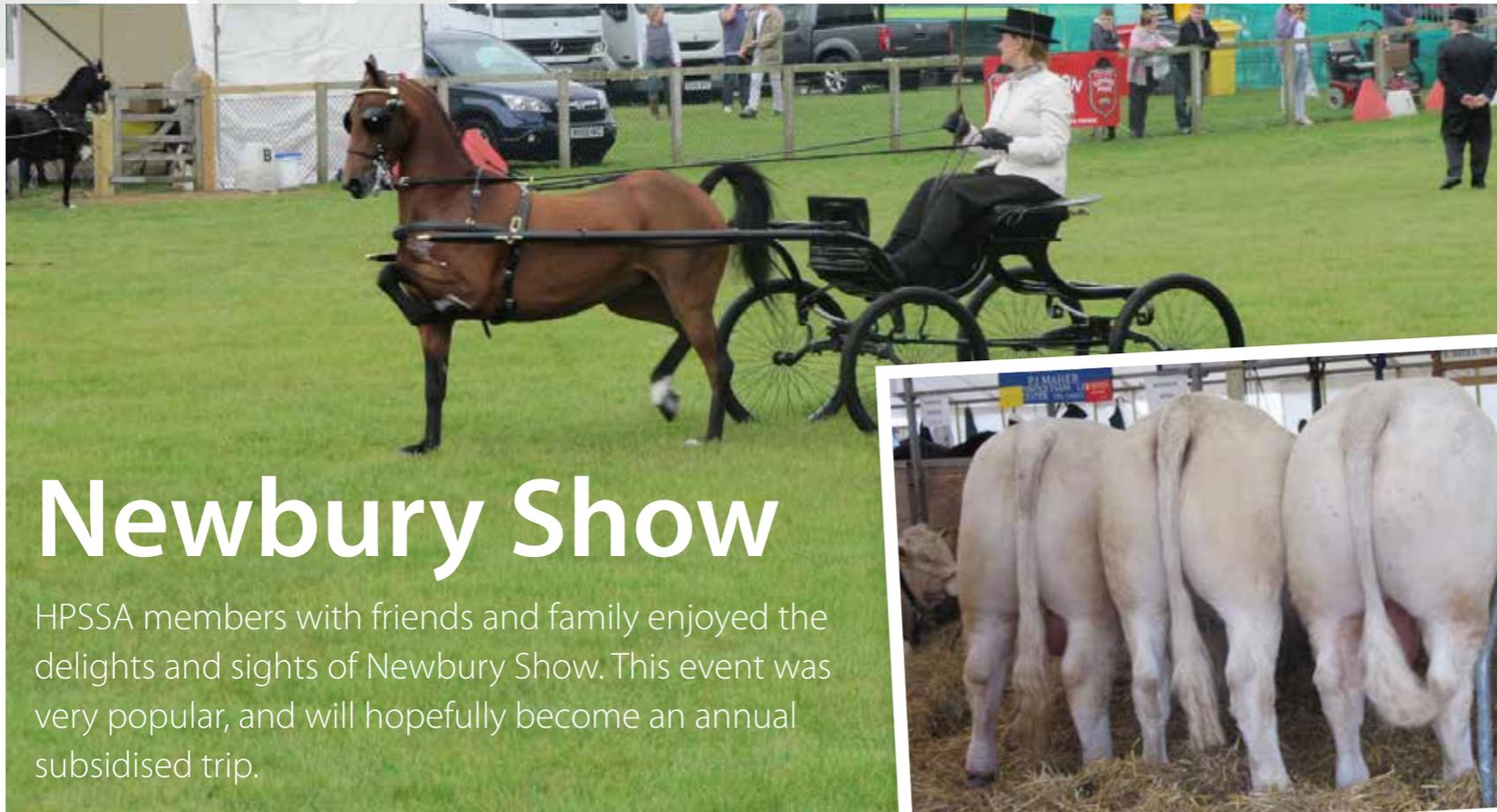


14th December HPSSA Christmas Party – Blenheim Palace 6pm - midnight

This year's Howbery Park Sports & Social Association's Christmas event will be held at Blenheim where the Palace will be dressed for 'A Dickensian Christmas'. Subsidy for HPSSA member and 1 guest. Tickets will be limited to first come first served.

New members are welcome to join the HPSSA at any time. To join us for the Christmas Party, you will need to take out membership for 2014.

For more information please go to www.hpssa.org.uk or speak to one of the committee members...



Newbury Show

HPSSA members with friends and family enjoyed the delights and sights of Newbury Show. This event was very popular, and will hopefully become an annual subsidised trip.



Car Servicing – Discount Offered

Haynes Car Care Centre are offering Howbery Park Site Users 10% discount off servicing consumables. For more details, please contact direct and mention Howbery Park discount offer.

Unit 3 Bushells Industrial Estate
Lester Road
Wallingford
Oxfordshire
OX10 9DD

Tel: 01491 836097

Web: <http://www.haynes-car-care.co.uk>

Smoking on the Park

Please familiarise yourselves and visitors with the dedicated smoking areas on the park. You will find 2 shelters on the park...one is down by the Manor House adjacent to the Fountain Building, the other is situated behind Kestrel House. There are bins located on various buildings which can be used for extinguishing cigarettes. These areas are NOT for congregating at. Cigarette ends are being deposited on the floor, in bushes and in plant pots all over site. Please help us keep the Park looking tidy and well maintained and take your ends with you and dispose of correctly. The park is for everyone to enjoy.



Rare bees nest at Howbery Business Park

A thriving colony of rare Ivy bees has been discovered nesting in the grounds of Oxfordshire's Howbery Business Park and is one of the most northerly recorded in the country since the bees were first spotted in the UK in 2001 in Dorset.

The colony was discovered by Dr Alan Brampton, a Technical Director of HR Wallingford, as the bees have chosen to nest in a landscaped bank, formed using sand recycled by the civil engineering and hydraulics organisation. The recycled sand has created a soft, crumbly south-facing bank enabling the mining bees to burrow to form a nest.



Commenting on his discovery, Dr Alan Brampton explains: ***"The typical honey bee isn't active at this time of year which is why I took a closer look at the colony of bees. The Ivy bees are a rare species for the UK and have only recently started invading from the continent which is most likely caused through climate change."***

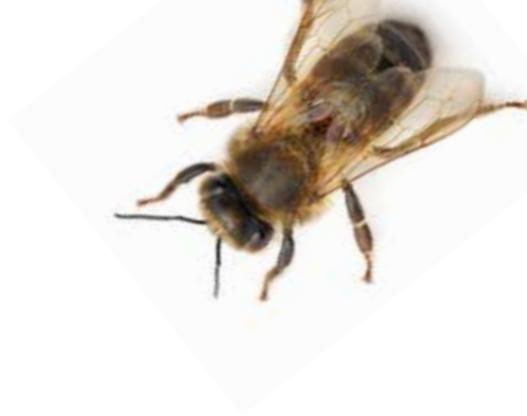


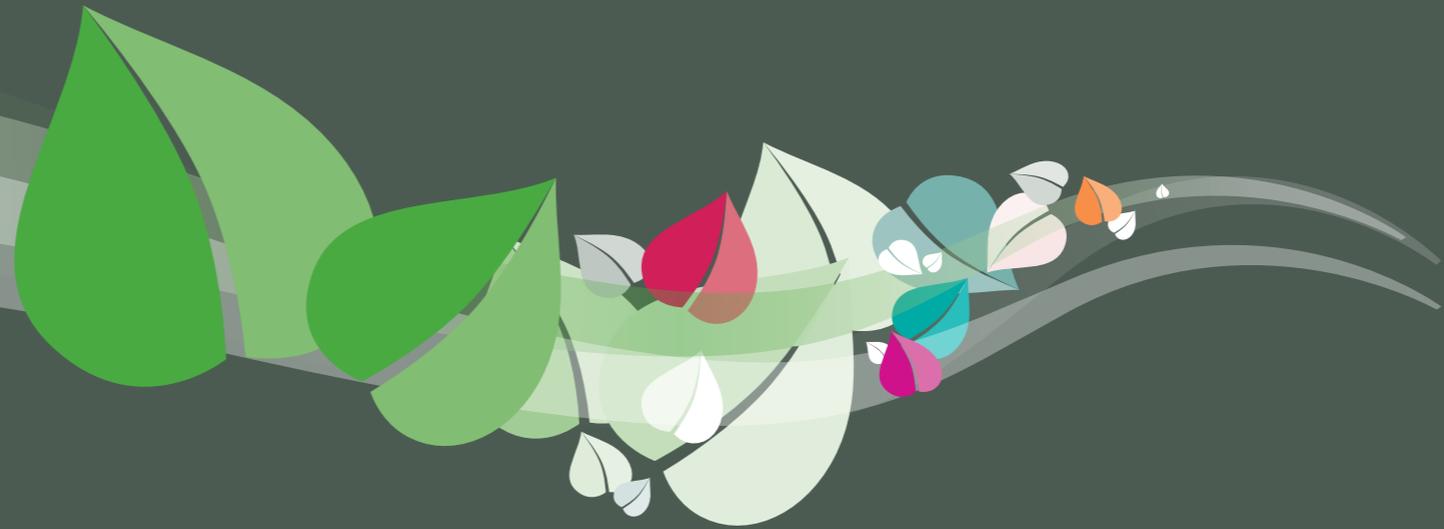
Appearing in September, the bees are active late in the year, flying until November, which coincides with the period during which their principal food plant, Ivy, is in flower.

"We're delighted the Ivy bees have chosen to nest here and that we have created the right conditions for such diverse wildlife to thrive on site," comments John Ormston, Chief Executive, Howbery Business Park. "It is a testament to the hard work of our grounds team who have created a pleasant, natural environment for all of our tenants, including the Ivy bees! Their work ensures that all the habitats used by the different species living on site are well maintained, allowing the park's wildlife to flourish."

Howbery Business Park prides itself on its beautifully landscaped grounds and stunning views across Oxfordshire's picturesque countryside. Many tenants opt to locate their businesses on site partly due to the peaceful, rural surroundings.

For further information on Howbery Business Park, please visit www.howberypark.com.





News... News... News

A Note From The Editor:



Keep us posted – to include your news and stories in Parklife, please email them to me, Angela Andrews a.andrews@howberypark.com

Deadline for articles is the 19th December.